

Learn About Sexuality

By Jane Thomas



Hello, my name is Jane Thomas.

I provide sex education based on the research findings.

Today I'm going to talk to you about my book and website called 'Learn About Sexuality'.

- (1) Why is sex education needed?
- (2) Research findings
- (3) Precedents
- (4) Sexual behaviours
- (5) Biological aspects
- (6) Emotional aspects
- (7) Intellectual aspects
- (8) Social aspects
- (9) Conclusions
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Why is sex education needed?



- There is no account of our sexuality available
- It is useful to understand how orgasm is achieved
- Men & women have very different emotional needs

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Slide L/AS1

What we call sexual knowledge today is just fantasies & assumptions.
We need to differentiate between fact & fiction.
There is a huge gap between our expectations & reality.

Why is research into female orgasm necessary?

No one asks about male orgasm – it is obvious.

Male erotic turn-ons are also obvious but no one can name any female ones.

If women knew, there would be no need for research.

Researchers ask leading questions such as “Do you orgasm through intercourse?”

Such a question implies that this feat is possible.

Scientists propose the vagina & the clitoris. Women choose one or the other depending on their level of education.

Men need to understand women’s very different emotional needs.

The sex research findings



- Alfred Kinsey (1948 & 1953)
- Shere Hite (1976)
- Other research (to date)

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Kinsey & Hite talked to women. Their results were massively unpopular because they challenged fantasies.

Kinsey's samples were representative of the general population.

He found that male orgasm was much more common & frequent than female.

Hite circulated anonymous questionnaires.

She hoped to show that women used clitoral stimulation with a lover.

But she failed to do this – most women said it did not cause orgasm.

Research that promotes the vagina is hugely popular.

Freud (a man) proposed the vaginal orgasm without any evidence.

M&J observed couples having intercourse.

They assumed that female volunteers had orgasms.

The G-spot research was never a theory & is promoted despite a lack of evidence.

Precedents for responsiveness



- The male is defined as the proactive agent in reproduction
- The genital tubercle becomes the clitoris or the penis
- There are no precedents for female orgasm in Nature

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Unbiased sex information is supported by precedents from Nature.

Most plants & animals reproduce sexually - offspring have genes from two parents. The female part (even in plants) is static. The male transfers gametes to the female. In humans, male orgasm triggers ejaculation and is essential for reproduction.

Every human embryo has a genital tubercle, which develops into a penis or a clitoris. The clitoris is never erect, which is what makes the penis so sensitive to stimulation. The clitoris is largely an internal organ.

In humans (primates & mammals) the male initiates the sexual act. Males are much more interested in oral sexual activity. They also masturbate much more commonly & frequently than females.

Sexual behaviours



- Male behaviours: looking for sexual opportunities & talking about turn-ons
- Female behaviours: looking for male approval & providing male turn-ons
- Women are sexually passive while men are proactive with a lover

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Unbiased sex information involves comparing men & women's different sexual behaviours.

Research indicates that men are much more promiscuous than women.

Men don't boast about orgasm because it occurs reliably.

Men talk of erotic turn-ons & sexual opportunities.

Men are proactive with a lover due to their sexual arousal.

Women are sexually passive with a lover due to lack of arousal.

This explains why no one can name any female erotic turn-ons with a lover.

Women enhance their attractiveness to enjoy being admired.

Women also allow men to take the sexual initiative.

Men assume that women orgasm from the stimulation they provide.

This causes much of the confusion over how female orgasm is achieved.

Biological aspects of sexuality



- Human reproduction
- Sexual anatomy
- Responsiveness & orientation

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Biological: Reproduction, Sexual anatomy and Responsiveness & orientation.
Our sex is determined at birth. Gender is a more fluid concept, related to culture.

At puberty boys become responsive but girls develop a child-bearing capacity.
Our internal anatomy, vagina and testes, is involved in reproduction.
A woman is expected to cooperate with intercourse until a man ejaculates.
Most of the risks and responsibilities of intercourse are experienced by women.

Responsiveness varies between individuals. Men are more responsive than women.
The erectile phallus (containing the corpora cavernosa) is involved in orgasm.
Sexual behaviours reflect male responsiveness and women's desire for a loving relationship. Gay men are highly promiscuous while lesbians focus on long term relationships.

Emotional aspects of sexuality



- Non-sexual intimacy
- Vaginal intercourse
- Consent

Emotional: Non-sexual intimacy, Vaginal intercourse and Consent.

Sex is an emotional bonding mechanism for men. Certainly in the past, women had no choice about bearing children. But men have always needed an incentive to support a woman through decades of child rearing. So women look for caring behaviours, respect & affection.

Women drive the need for dating & romance. Intercourse is defined by male responses (erection & ejaculation). Female arousal is not required for intercourse or reproduction.

Research indicates that women's orgasm claims do not result in more sex for men. Intercourse is an act of male dominance. Penetration is what makes sex taboo. ex without consent is rape, regardless of intent

Intellectual aspects of sexuality



- The sexual mind
- Masturbation
- How orgasm is achieved

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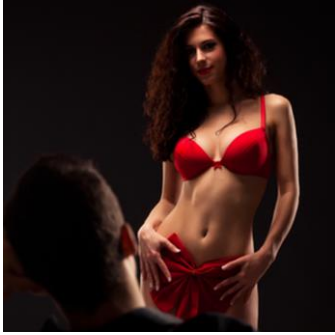
Intellectual: The sexual mind, Masturbation and How orgasm is achieved.
Arousal occurs when the brain responds positively to psychological erotic stimuli.
An arousal trigger is a concept or an object.

Erotic arousal has nothing to do with relationship factors.
There are many male erotic turn-ons.
Women tend to refer to emotional factors with a lover.

Masturbation is an instinctive response motivated by mental arousal.
Stimulation is applied instinctively.
Research: female orgasm is associated with masturbation & clitoral stimulation.

The rhythmic thrusting action is instinctive & typical of mammals.
The brain causes blood to flow to the erectile sex organ – penis/clitoris.
Men are able to view a lover as a sex object. Women cannot.

Social aspects of sexuality



- The sex industry
- Committed relationships
- Sexual pleasuring

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Social: The sex industry, Committed relationships & sexual pleasuring.

The sex industry promotes men's enjoyment of sexual pleasure, which is typically unpopular with women.

Women attract men by sexualising themselves but they are not respected for being promiscuous.

Porn shows women being apparently almost constantly aroused.

Real women are assumed to be dysfunctional if they don't respond in a similar way.

Women tend to prefer lovemaking.

Men are not responsible for female orgasm.

Some men offer foreplay because it assists with their own arousal.

Sexual pleasure need not always focus on orgasm.

Couples can use quickies & change venue to bring variety to intercourse.

Conclusions



- Male responsiveness is essential for reproduction
- Women use behaviours to substitute for responsiveness
- Consideration & respect are vital for healthy relationships

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I call them porno orgasms.

These are the orgasms women are portrayed as having in porn through intercourse, cunnilingus & manual stimulation of the clitoris.

We assume that real women should be capable of these fictional orgasms.

Intercourse is, at the most primitive level, an act of male assault.

Men look for a response to intercourse - it is a male turn-on.

Women have a response to sexual assault but not to consensual intercourse.

So women have to fake a response to provide male satisfaction.

If female orgasm were common, we would all know the anatomy involved.

If women could orgasm with a lover, we would also know what erotic turn-ons they use.

We do not know this basic information because women do not orgasm with a lover.

My work



- Universal silence over sex
- Providing realistic information
- People can draw their own conclusions

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My work provides a comprehensive & consistent account of sexuality. In over 20 years of talking about sex on the internet, I have found very few people willing to comment.

Male ego & women's silence are the main causes of sexual ignorance today. Men often seem to assume that they can speak on women's behalf.

Sex education must provide the facts & logical explanations for our sexuality. It needs to be consistent with men & women's sexual behaviours in real life. It also needs to explain the sex research findings.

Different people are looking for different information about sexuality. By providing sex information via the internet each person is free to read what interests them.

Children need some maturity before sex information is likely to be useful.