

(1) The vagina is a reproductive organ

- Regardless of gender we all start out much the same in the womb. A process (called atrophy) inhibits the development of the anatomy we don't need.
- Ducts (Wolffian) develop in the male into the vas deferens and other tubes that connect the testes to the penis. In the female embryo the ducts waste away.
- Ducts (Müllerian) develop in the female into the uterus and vagina but in the male embryo these disappear. So men have no organ equivalent to the vagina.
- Male orgasm triggers ejaculation of semen (which is a reproductive event) but
- Female orgasm has no biological or reproductive function which is weird because normally we only evolve capacities that are necessary to survival or reproduction
- It is highly unlikely that women would have evolved the ability to orgasm quite independently of men involving an organ that men don't have
- Female orgasm is an evolutionary redundancy that only exists because of the anatomy that women have in common with men

- The vagina is part of the birth canal and develops from primitive egg ducts which, like nearly all other internal body structures, are poorly supplied with nerves.
- This insensitivity of the vagina has long been recognized by gynaecologists who probe and do superficial operations in this area without using anaesthesia.
- In her book 'Hot Sex' Tracey Cox explains: "The vagina itself is a muscular tube of about 8 cm that ... expands to fit any size penis with ease. When your partner initially penetrates you, the muscles of the vagina contract and grip the penis.
- As you continue intercourse ... the vagina expands even further – sometimes so much so, you can't feel his penis inside you no matter how large it is."
- There is no way the vagina could ever be a sex organ. It is basically a void but also no one orgasms by someone else prodding or poking any part of their anatomy!
- **So in conclusion: we think that a man should be able to stimulate a woman to orgasm through intercourse but there is no research to support this assumption.**

(2) The clitoris is the female sex organ

- We can see from the development of the human embryo in the womb that
- the male and female external genitalia look identical until around seven weeks.
- Both sexes have gonads, which become the testes (male) and the ovaries (female)
- Both sexes have labioscrotal folds, which become the scrotum (male) and labia (female)
- The same structure in the embryo that becomes the penis becomes the clitoris. This structure (genital tubercle) develops into the phallus that becomes the penis/clitoris
- Female orgasm has absolutely no biological function or purpose. So a lack of female orgasm can never be dysfunctional even if a woman never has an orgasm by any means.
- Women are only capable of orgasm because of the anatomy they share with men.
- Women do get clitoral erections but I have found that they first occur in middle age
- The kind of stimulation that leads to orgasm is very specific and involves massaging the erectile organ (penis/clitoris) or more specifically the blood flow within these sex organs

- If women can masturbate with a lover why do couples ask about female orgasm?
- And if women can masturbate to orgasm why are men so unaware of the clitoris?
- During masturbation alone I use an intense focus on fantasies to get aroused
- Unfortunately it is not possible to achieve the same intensity of focus with a lover
- The clitoris very clearly does not respond anything like the penis does!
- I have only found orgasm to be possible with a lover over the age of 35
- But never through intercourse only with combined clitoral and anal stimulation
- **So in conclusion: we think that a man should be able to stimulate a woman to orgasm through intercourse but there is no research to support this assumption.**

(3) Women are not motivated by orgasm

- Researcher Alfred Kinsey interviewed over 5,000 women in private
- He concluded that masturbation was not only
- the quickest ways for a woman to achieve orgasm but
- also the most reliable way (95% success rate)
- He found that 84 per cent of the women who had ever masturbated did so by using primarily labial and/or clitoral techniques
- He also found that lesbian women who use genital techniques
- tended to focus on the same anatomy – the clitoris and labia

- Kinsey concluded 20% of women masturbate regularly but female masturbation must be much rarer than this
- Because few women ever compare intercourse with masturbation alone - both the anatomy that is stimulated and the emotional environment differ
- We assume women should orgasm during intercourse – but why ‘should’ they? Surely there is no ‘should’ about it
- If it is natural then it happens spontaneously and if female orgasm was automatic then no one would need to talk about it
- After all no one ever discusses male orgasm because it is almost automatic
- Women are amenable to offering a man intercourse because they themselves are not easily aroused with a lover
- Women interpret intercourse as a lovemaking act involving emotional and sensual pleasures
- **So in conclusion: we think that a man should be able to stimulate a woman to orgasm through intercourse but there is no research to support this assumption.**

(4) Women orgasm less often than men do

- Kinsey interviewed over 5,000 women and he calculated that
- women orgasm on average once every two weeks regardless of age
- Men under 30 orgasm 3 times per week on average so
- Men orgasm on average 6 times more frequently than women
- It is not possible for a woman to orgasm every time a man does
- We cannot have an orgasm just because a lover wants us to
- It is not logical to assume that women only orgasm when their lover does but also that they orgasm every single time but at no other time

- Kinsey found that couples have intercourse with a regularity that is not matched by any other type of sexual activity that women engage in
- which suggests that men are responsible for the frequency of intercourse
- In other words the frequency with which couples have intercourse
- is related to a man's sex drive and not to a woman's orgasmic ability
- Men initiate sex because they do need to be aroused in order to have intercourse whereas women do not need to be aroused to have intercourse
- **So in conclusion: we think that a man should be able to stimulate a woman to orgasm through intercourse but there is no research to support this assumption.**

(5) Women take longer than men to orgasm

- After talking to over 5,000 women Kinsey worked out that the average female takes around four minutes to masturbate to orgasm
- Masturbation is the easiest way for a woman to achieve orgasm
- This is because when a woman is alone she can focus on fantasies for arousal because she does not have the distractions of a lover
- Kinsey also found from talking to women that they needed 10 to 20 minutes or longer to orgasm with a lover
- Given the ease with which young men typically orgasm this in itself makes it unlikely that any woman with a young male lover will discover orgasm

- Men are motivated to have sex when they have an erection
- This is because of their sex drive to have intercourse
- Men are also motivated to ejaculate into a woman's vagina
- This is the basic male instinct to impregnate a female
- Young men especially tend to be in a hurry to initiate intercourse
- So they don't spend long enough stimulating a woman (who needs continual clitoral stimulation) for her to have an orgasm
- So in conclusion: we think that a man should be able to stimulate a woman to orgasm through intercourse but there is no research to support this assumption.

(6) Intercourse is defined by male responses

- Intercourse can only begin once a man has an erection and
- Intercourse comes to an end when a man ejaculates
- Kinsey talked to over 5,000 women and he concluded that
- a woman needs 10 - 20 minutes or longer to orgasm with a lover
- But he also found that most men (three-quarters of them)
- orgasm on average within two minutes of starting intercourse
- It is not reasonable to expect women to orgasm within male timeframes

- Multiple orgasms are used to explain how women can be continuously aroused throughout male thrusting
- These are in fact simply peaks of arousal
- An orgasm is a one-off sexual release by definition
- Anyone who has just had an orgasm does not want further stimulation
- To orgasm through intercourse a woman would need to be able to time her orgasm to occur at the exact same moment as her lover's every time
- A woman can be stimulated through intercourse indefinitely and whenever a man wants it because women are not easily aroused with a lover
- **So in conclusion: we think that a man should be able to stimulate a woman to orgasm through intercourse but there is no research to support this assumption.**

(7) Female orgasm is not needed for reproduction

- Some women talk about sex being wonderful and orgasm being wonderful
- The implication is that some women can orgasm through intercourse
- But they cannot explain why they should experience what others don't
- We can see from other mammals in the wild that the male initiates mating
- The female only needs to be amenable to vaginal penetration and to allowing the male the time he needs to thrust until ejaculation
- A woman can be impregnated regardless of orgasm - there is nothing to suggest that intercourse was ever intended to cause female orgasm

- What is female sex drive? Is it a drive to have an orgasm?
- If so then women would masturbate since research indicates that female orgasm is achieved most easily and most quickly through masturbation
- Or is female sex drive a drive to have intercourse and get pregnant?
- It makes no sense for a woman to have a drive to be impregnated because pregnancy and childbirth are life-threatening biological processes
- There is a biological reason why men want intercourse regularly
- A man can impregnate a (different) woman with every ejaculation
- But a woman cannot be impregnated every time she has intercourse
- **So in conclusion: we think that a man should be able to stimulate a woman to orgasm through intercourse but there is no research to support this assumption.**

(8) Women have sex for emotional not erotic reasons

- Women talk about the sensual and emotional aspects of sex
- Rather than turn-ons, sexual pleasure and the eroticism that causes arousal
- Anyone who has an orgasm knows how they get turned on
- Because you cannot orgasm without first being highly aroused
- Yet few women can explain the erotic turn-ons they use for orgasm
- Vaginal lubrication is assumed to be an indication of arousal
- But this is simply how a woman's body facilitates intercourse
- Lubrication does not indicate that a woman is close to orgasm
- Many women simply assume that they orgasm because they have sex

- Any woman who can orgasm easily or frequently with a lover would be happy to talk about it.
- Yet I have been inviting women for years to talk about orgasm. Very few women ever comment.
- Women's embarrassment stems from their lack of confidence over orgasm with a lover.

- Yet women are told they are 'dysfunctional' if they don't orgasm during sex. This is very wrong.
- An occasional woman assures me confidently that she responds exactly as a porn actress does
- But porn provides turn-ons for men and is based on male fantasies about women's sexuality

- Research findings indicate that women orgasm much less frequently and less easily than men do.
- Yet sexologists today have the same beliefs as the least educated members of the general public.
- I keep asking sexologist to provide the research that backs their beliefs. No such research exists.
- **So in conclusion: we think that a man should be able to stimulate a woman to orgasm through intercourse but there is no research to support this assumption.**

(9) Political bias in sex research and advice

- Regardless of what one politically motivated and highly vocal woman claims
- The behaviour of women in real life does not support the belief that female orgasm is easy

- Anyone who can orgasm knows what turns them on sufficiently for orgasm to be possible.
- Yet women cannot provide a consistent account for how they get turned on in their minds.
- Neither can they agree on the anatomy involved in female orgasm.

- Women assume they are supposed to orgasm through intercourse
- but they are confusing the emotional aspects of relationships for orgasm

- Only a handful of women provide accounts of orgasm that reflect popular beliefs
- Until millions of women support these stories they remain in the realm of erotic fiction

- Few couples today ever find the so-called G-spot (never called a theory)
- The Swiss researcher Andrea Burri talked to 3,000 women in 2010 and found no evidence for the G-spot and she concluded that it does not exist
- I stumbled across the mysterious G-spot while looking at orgasm dysfunction,” she said.
- “I noticed there were only **a handful of studies** on the subject, which relied on **very small sample sizes**.
- I found it irresponsible to claim the existence of an entity that has never been proven, using in some cases a cohort of just 30 women worldwide.”
- **So in conclusion: we think that a man should be able to stimulate a woman to orgasm through intercourse but there is no research to support this assumption.**

(10) My own experience of sex and orgasm

- I have been capable of orgasm all of my adult life: I have also been adventurous with a lover but nothing worked until middle age.
- I have had thousands of orgasms through masturbation alone and
- hundreds with a lover but in over 30 years I have never had an orgasm through intercourse

- Women's genitalia change as they age. I only had clitoral erection over the age of forty.
- I had my first orgasm with a lover (by combining clitoral and anal stimulation) in middle age.
- Even then although orgasm provides very pleasurable physical sensations I do not place the same emotional significance on genital stimulation and penetration that men do.

- It is simply not possible for other women to respond so totally differently.
- If they did, there would be significant numbers of women in the general population able to provide explicit accounts of how they achieve orgasm as a response to erotic stimuli.
- This is clearly not the case.

- The Swiss researcher, Andrea Burri, comments on the increase in what is called 'Female sexual dysfunction' (or FSD for short). She says:
- "One of the diagnostic criteria for female sexual dysfunction is feeling distressed. But what causes the distress?
- Is it the condition itself, or is it what you think is expected of you and in turn, what you start expecting of yourself.
- The way sex is portrayed in the media and in films often provides us with a base of comparison that is not always realistic for the individual".
- **So in conclusion: we think that a man should be able to stimulate a woman to orgasm through intercourse but there is no research to support this assumption.**